

September 17, 2016

OneCircle Silver Spring, USA

Part Two

We are blindly signing: “Yes sir, Yes sir” – why? You're not guilty at all, why build a guilty conscience? There's no deed, there's no doer. I'm placing facts before you, and again I'm repeating: the only source is meditation, through which you can identify yourself in a real sense. You will get spiritual courage to embrace the Reality. Because of a lack of courage, therefore we are afraid of everything.

You can ask any question. If you've got any doubts, ask about the doubts. (*Inaudible*) Yes?

Q4: In the book (Selfless Self), Maharaj, you say “Be how you were prior to beingness”. In the practical world, how do you do that?

Maharaj: Just think intellectually: how were you prior to beingness, and after leaving the body? Is this body Reality? This body is Reality? After some time we have to leave this body, so what is the use of knowledge? Knowledge means just to identify oneself in a real sense. We're measuring ourselves all the time in body-form. You're formless, you're shapeless, it's fact. The moment the Presence clicked with the body you say 'I'. So many illusory concepts are wrapped up on us. We've accepted these concepts blindly. And for which, again I'm repeating, only the meditation.

Through meditation everything will be clear within you. When I say meditation is the anti-virus software, it means all the viruses will be cleared. And again I'm repeating: nothing is impossible. You need not depend upon anybody else, even me also. Therefore Nisargadatta Maharaj says: “I'm not making you a disciple, I'm making you a Master”, because that Masterly essence is within you. Master is not separate from you. Some confusion is there because of the body-based knowledge. This is a food-body. For which strong devotion is required in the beginning: “I can do it! I know the Reality. I am the Source of this world, the entire world is projected out of me.” This is not an egoistic thought, it's a fact. If there's no Presence who will talk about the world, who will talk about the God? And with this all illusory concepts will be dissolved and the six symptoms will appear within you. 'Shama', 'Dama', means: complete silence, peacefulness, whatever happens, whatever you do, “It's okay”. Since you are holding the body some things will happen against you also. There will be unpleasant atmospheres, just like clouds are coming, coming and going. You are there and there only.

Yes?

Q3: Sometimes in the meditation, I have this fear. I don't what fear it is, but I have some kind of fear. Why is that?

Maharaj: Because of the pressure of concepts, illusory concepts. Directly or indirectly we've accepted the body as our identity. Directly or indirectly we've accepted body as our identity, therefore fear is there. Where was that fear prior to beingness? After leaving the body, any fear is there? Is a dead body having any fear? No fear is there.

See, the Spirit would like to survive for a longer time because of the body only. Spirit does not know 'I am Presence', and Presence does not know 'I am Spirit' or 'Presence', just like sky does not know 'I am

sky'.

Yes?

Q: Dear Maharaj, first of all I'd like to show my respect for you, I was coming here a little bit late, so apologies. But I want to say that I no longer have any more questions. I want to thank you for helping me develop the conviction with the identification with Presence.

Maharaj: So, nothing is impossible, I repeat: nothing is impossible for you. Just a lack of courage is there: "how can it happen?". Siddharameshwar Maharaj says: "You come step forward, and I'll lift you another step. Put your step ahead, and I'll lift you another step." It means: be (move) forward, come. Okay, what has happened, forget it. Now you know the Reality, why not to accept the Reality? Reality is not separate from you.

Q: Sri Ramakant, there's a seeing that's very peaceful and there's a seeing where things lose their substance, but it's so peaceful, so peaceful. But sometimes underlying that there's a fear of losing the attachments, the emotional attachments that we have, when people around you are saying "you don't care about me if you're not worried about me", you know? You know, the way love is being taught, and somehow there's a little part there that's afraid of losing that attachment. But like you said, Selfless Self feels peace, and it's seeing is peace. Does it take time to kind of like, move out of that fear where you loosen that old way of seeing things?

Maharaj: What happens is that concepts are taking possession of your body. When there's no alertness, no awareness, then concepts are taking possession of your body and fear will be there. And therefore meditation and reciting the Mantra, etc., etc., and meditation are required, because all the time you are reminding yourself. So no fear will be there.